

# IELTS SPEAKING- Physical Exercise and Daily Life Conversation Practice S21



Part 1 – Introduction and interview

Topic 1: Your Home

- Let’s talk about where you live. Do you live in a house or an apartment?
- How long have you been living in your current home?
- What do you like most about your home?(why?)
- Are there any changes you’d like to make to your home in the future?(Why? / Why not?)

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Topic 2: Fruits

- Let’s talk about fruits. Do you like eating fruits?(Why? / Why not?)
- What are the most popular fruits in your country?(Why)
- When was the last time you ate a fruit?(why?)
- Do you think people should be encouraged to ear more fruits?(Why? / Why not?)

Topic 3:Cars

- Let’s talk about cars. can you drive a car?(Why?)
- When was the last time you travelled by car?(whay? / Why not?)
- Do you think the government should do more to promote electric cars?(Why? / Why not?)

Part 2 – Individual long turn: Candidate Task Card

Describe a Physical exercise or activity that you enjoy .

You should say:

What the exercise or activity is

how often you do this exercise or activity

where you do this exercise or activity

and explain why you enjoy this exercise or activity.

You will have to talk about the topic for 1 to 2 minutes.

You have one minute to think about what you’re going to say.

You can make some notes to help you if you wish.

Rounding off questions

Do you do any other exercise or activities?

Do you prefer to exercise alone or with other people?

Part-3 – Two-way discussion

We’ve been talking about an exercise/activity that you enjoy. and now I’d like to ask you some more general questions related to this.

First of all, let’s consider the benefits of physical exercise?

- What are some of the main benefits of regular physical exercise?
- What are some of the common barriers that stop people from taking part in physical exercise?

Finally, let’s talk about physical exercise and schools.

- What role do you think schools have to play in the promotion of physical education to children and young adults?

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